



# LionHeart

## Corporate Partner Calendar 2026

Our at-a-glance guide to some of the subjects we'll be highlighting this year for our corporate partners and their staff – all subjects that impact everyone's health and wellbeing.



Webinars



Videos



Audio



Articles

Each month we'll be sharing useful content, from webinars and short videos, to podcasts, blogs and informational resources that you can share with your teams.

### January

#### 5 Ways to Wellbeing

After the festive rush, it's time to pause, reflect, and reconnect with yourself, as we start the year by encouraging a reset with a focus on the five ways to wellbeing.

It's time to connect, be active, take notice, learn and give.  
Happy new year!

### February

#### Children's Mental Health

The month of February may only be short but it brings with it awareness dates like Time to Talk Day and Children's Mental Health Week.

An opportunity to address the importance of conversations and how LionHeart can offer support for the whole family.

### March

#### Neurodiversity

For March, we return to the topic of neurodiversity as we continue to build awareness and understanding about this important topic, which affects so very many of us at work and at home. We'll look at why embracing it is so important for your workplace, and the people in it.

### April

#### Lone Working & Your Safety

Remote and lone working may be more and more common for many in the surveying community, but what does that mean for your safety, from the personal and physical to your emotional wellbeing? We look at ways to keep yourself safe when your networks might be remote and how to stay connected.

### May

#### Mental Health and Resilience

Mental Health Awareness Week makes May the perfect time to look at the important topic of mental health and its connection to resilience. Join us to explore practical ways to support your employees and help them build resilience to support them in all areas of their lives.

### June

#### Men's Health

We're all people as well as professionals doing a job - so it can be hard to fire on all cylinders if you are facing health issues. We're sharing experiences from male RICS professionals, some of the health challenges they've faced and what has helped.

### July

#### Women's Health

Struggling with your health can impact every area of your life, from the personal to the professional. Following on from last month's spotlight on men's health, join us in July as we shine a light on the experiences of female surveyors and women's health.

### August

#### APC Support

The APC journey can be stressful and overwhelming at times but LionHeart has a range of support available. August is our time to showcase all the support we have available for APC candidates, whether they are just starting out or approaching final assessment.

### September

#### Spotlight on Services

September is our spotlight on services month. As a corporate partner of LionHeart, you're probably aware of how an occupational charity can support your people when they face challenges. But did you know we're here to offer proactive support that helps people to thrive, not just survive.

### October

#### Mental Health & Self Care

As the days get colder and darker it can be very common for people to experience lower mood. This October, we'll be highlighting mental health and self-care and the small changes that people can make to help lift their mood and promote a better sense of wellbeing.

### November

#### Talk Money

Being a professional doesn't make people immune to money worries – and most of us are just a couple of twists and turns of fate away from financial difficulties. This month we'll focus on some of the financial challenges you might face. (and how LionHeart can support).

### December

#### Disability Awareness

We're using the disability awareness dates of December to touch on this important topic. We'll be hearing personal experiences from RICS professionals and looking at what we can all be doing to better understand and support disabled colleagues in the workplace.