



Career
Support

LionHeart is the charity that supports RICS professionals, from the beginning to the end of their careers and right through into retirement.

We offer expert advice and support that can either help get you back into work after job loss or a career break, or simply help you develop your confidence and skills to take that next career step.



Back to Work Help

If you've lost your job or have had a period of unemployment, we understand this can be a difficult time for you and your family and can really affect your confidence. Our experienced support officers have supported many people in this position and helped them get successfully back on track.

We can offer one-to-one support that's tailored just for you and your circumstances. This might include help from experts with CV writing, interview skills, and using social media to build your personal brand and profile.



Career Development & Coaching

You don't have to be out of work to feel like you might need support or want to make changes. Our free coaching service may also help you define and work towards your goals, particularly if you are lacking in confidence or struggling with stress.



CPD Webinars

We have a range of free webinars that are specially designed to support your career and personal development, including job hunting and CV support, tips on social media and help to build your confidence in an interview or presentation setting.



The advice was practical as well as strongly supportive and made a big difference to me during a very dark time in my life. I am now back in employment and so glad I made the call to LionHeart.



Return to Work for Parents

Going back into the workplace after starting a family can be one of the biggest changes you'll make throughout your career. We have a series of pre-recorded webinars that will help you look at the practical, financial and emotional implications of going back to work. We can also offer advice on your legal rights and offer coaching support to help you transition back into the workplace with confidence, particularly if you've taken a longer break.

If you'd like to find out more about any of our services, why not speak to a support officer in confidence on:

**0800 009 2960 or
+44 (0) 121 289 3300**



Legal & Financial Support

If you are struggling financially after losing your job, LionHeart may be able to offer short-term grants to help take the pressure off. If you're worried about an employment issue or need to know what your workplace legal rights are, we can also refer you to our free legal advice helpline.



**The expert help and assistance
I received - at zero cost to me -
was remarkable.**



www.lionheart.org.uk

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LionHeart is a charity registered in England No. 261245.